

## **Medical Provider Options**

#### Anthem Blue Cross and Blue Shield

Statewide Gold, Silver, Bronze Health Reimbursement Arrangement (HRA) (exclusively) and statewide Health Maintenance Organization (HMO) Member Services: Mon.-Fri. 8AM – 8PM, (855) 641-4862 Nurse Line: 24 hours/7days, (866) 787-6361

anthem.com/shbp

#### • UnitedHealthcare (UHC)

Statewide High Deductible Health Plan (HDHP) (exclusively), and statewide HMO

Member Services: Mon.-Fri. 8AM – 8PM, (888) 364-6352

welcometouhc.com/shbp

#### • Kaiser Permanente (KP)

Fully-insured HMO (including wellness and pharmacy benefit) for SHBP members who live or work in the 27-county\* metro Atlanta service area. Member Services: Mon.-Fri. 7AM - 7PM, (855) 512-5997

Nurse Line: 24 hours/7 days, (800) 611-1811

my.kp.org/shbp

#### • State Health Benefit Plan

Member Services: During Open Enrollment: Mon-Fri 8:30AM - 7:30PM, Sat 8AM - 5PM

Regular Hours: Mon-Fri 8:30AM - 5PM, Sat 8AM - 5PM (800) 610-1863 mySHBPga.adp.com

#### Other Options (based on qualifications)

• Peachcare for Kids

(877) 427-3224 | peachcare.org

• TriCare Supplement

(866) 637-9911 | info.selmanco.com/ga\_shbp

• Social Security Administration

(800) 772-1213 | ssa.gov



#### **Pharmacy Provider**

CVS Caremark administers the pharmacy benefits for members and their Covered Dependent(s) enrolled in Anthem Blue Cross and Blue Shield and UnitedHealthcare. This does NOT mean members have to go to a CVS pharmacy location for their prescriptions. CVS Caremark has a broad pharmacy network where you can continue to use local retail and/or chain pharmacies to obtain their prescription medications.

Member services:

24 hours/7 days, (844) 345-3241 info.caremark.com/shbp



#### Wellness Provider

Members of the HRA, HMO or HDHP have access to Sharecare tools for accessing the RealAge® Test, well-being incentives, well-being coaching including tobacco cessation coaching, biometric screenings, onsite activities, challenges and more. Visit BeWellSHBP.com. SHBP members and covered spouse can each earn 480 well-being incentive points January 1 - November 30. Points can be redeemed in the Sharecare Redemption Center by December 15 or they will rollover to the next plan year as well-being incentive credits.

Member services:

Mon-Fri 8AM - 8PM, 888-616-6411

BeWellSHBP.com









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For plan documents, decision quides, and more information, visit shbp.qeorgia.qov

Kaiser Permanente's 27-County Metro Atlanta Service Area: Barrow, Bartow, Butts, Carroll, Cherokee, Clayton, Cobb, Coweta, Dawson, DeKalb, Douglas, Fayette, Forsyth, Fulton, Gwinnett, Haralson, Heard, Henry, Lamar, Meriwether, Newton, Paulding, Pickens, Pike, Rockdale, Spalding and Walton counties

TO ENROLL

Log into mySHBPga.adp.com with your User ID and Password See page 4 to reset or to register.



## Medical Plan Designs

	ANTHEM GOLD HRA		ANTHEM SILVER HRA		ANTHEM BRONZE HRA		ANTHEM or UI HMO	_	UHC HDHP	
	IN	OUT	IN	OUT	IN	OUT	In Only	IN	OUT	In Only
Deductible										
You	\$1,500	\$3,000	\$2,000	\$4,000	\$2,500	\$5,000	\$1,300	\$3,500	\$7,000	None
You + Children/Spouse	\$2,250	\$4,500	\$3,000	\$6,000	\$3,750	\$7,500	\$1,950	\$7,000	\$14,000	None
You + Family	\$3,000	\$6,000	\$4,000	\$8,000	\$5,000	\$10,000	\$2,600	\$7,000	\$14,000	None
<b>Medical Out of Pocket Max</b>										
You	\$4,000	\$8,000	\$5,000	\$10,000	\$6,000	\$12,000	\$4,000	\$6,450	\$12,900	\$6,350
You + Children/Spouse	\$6,000	\$12,000	\$7,500	\$15,000	\$9,000	\$18,000	\$6,500	\$12,900	\$25,800	\$12,700
You + Family	\$8,000	\$16,000	\$10,000	\$20,000	\$12,000	\$24,000	\$9,000	\$12,900	\$25,800	\$12,700
Deductible/OOPM Type	Embedded		Embedded		Embedded		Embedded	Embedded		Embedded
Coinsurance (Plan Pays)	85%	60%	80%	60%	75%	60%	80%	70%	50%	100%
HRA Credit										
You	\$400		\$200		\$100		NA	NA		NA
You+Children/Spouse	\$600		\$300		\$150		NA	NA		NA
You + Family	\$800		\$400		\$200		NA	NA		NA
Medical										
ER	coins after ded		coins after ded		coins after ded		\$150 copay	coins after ded		\$150 copay
Urgent Care	coins after ded		coins after ded		coins after ded		\$35 copay	coins after ded		\$35 copay
Primary Care Visit	coins after ded		coins after ded		coins after ded		\$35 copay	coins after ded		\$35 copay
Specialist Visit	coins a	fter ded	coins a	ifter ded	coins a	fter ded	\$45 copay	coins a	fter ded	\$45 copay
Preventive Care	100% N	No Coverage	100% N	No Coverage	100% N	o Coverage	100%	100% N	o Coverage	100%
Retail RX										
Tier 1	15%, Min \$	520, Max \$50	15%, Min \$	20, Max \$50	15%, Min	\$20, Max \$50	\$20 Copay	coins a	fter ded	\$20 Copay
Tier 2	25%, Min \$	550, Max \$80	25%, Min \$	50, Max \$80	25%, Min	\$50, Max \$80	\$50 copay	coins a	fter ded	\$50 copay
Tier 3	25%, Min \$8	80, Max \$125	25%, Min \$8	30, Max \$125	25%, Min 9	80, Max \$125	\$90 copay	coins a	fter ded	\$80 copay
Mail Order RX										
Tier 1	15%, Min \$50, Max \$125		15%, Min \$50, Max \$125		15%, Min \$50, Max \$125		\$50 Copay	coins	fter ded	\$50 Copay
Tier 2	25%, Min \$125, Max \$200		25%, Min \$125, Max \$200		25%, Min \$125, Max \$200		\$125 copay	coins a	ifter ded	\$125 copay
Tier 3	25%, Min \$2	200, Max \$313	25%, Min \$2	00, Max \$313	25%, Min \$	200, Max \$313	\$225 copay	coins	ifter ded	\$200 copay

**Rx OOP Max** 

All Plans Prescription Plan Out of Pocket Maximum are combined with Medical Out of Pocket Maximums

Note: New Hires or mid-year enrollments will have pro-rated HRA Credits. All other plan design will remain the same.

## Active Employee Monthly Premiums

	Gold	Silver	Bronze	ANTHEM HMO	UHC HMO	UHC HDHP	Kaiser HMO
Employee Only	\$175.68	\$114.32	\$76.58	\$143.03	\$174.49	\$61.83	\$154.13
Employee/Spouse	\$436.33	\$307.47	\$228.22	\$367.76	\$433.83	\$197.24	\$391.49
Employee/Children	\$320.11	\$215.80	\$151.64	\$264.61	\$318.09	\$126.57	\$283.60
Family	\$580.76	\$408.95	\$303.28	\$489.34	\$577.43	\$261.98	\$520.96

Tobacco Surcharge is \$80 per month in all plans



## Telemedicine—Virtual Doctor Visits

#### **DISCOVER THE BENEFITS:**

AFFORDABLE!\*

UHC/Anthem HMO = \$35 PCP Copay UHC-HDHP (30%) = \$14.70 Anthem Bronze (75%/25%) = \$12.25 Anthem Silver (80%/20%) = \$9.80 Anthem Gold (85%/15%) = \$7.35

- QUICK! 10 minutes for a typical visit
- EASY ACCESS!

Anthem - livehealthonline.com or app UHC - myuhc.com or app KP - Call 404-365-0966 for appointment

- USE WHILE TRAVELING! Choose whatever state you are visiting under "My Location."
- GET PRESCRIPTIONS! Georgia allows for virtual visiting doctors to prescribe medications (excluding controlled substances or lifestyle drugs).

#### **HOW TO VISIT THE DOCTOR ONLINE:**



You need a computer or tablet with high speed internet access or a smartphone.



Your computer, tablet or phone must have a webcam or built-in camera with audio.



If you are using a computer, you will need Adobe Flash and Adobe Reader.



Anthem - livehealthonline.com or EngageWellBeing app UHC - myuhc.com or Health4Me app

Enter your name, email address and create a password.

Kaiser- KPNow: 404-365-0966



#### Sign in/ Choose a doctor

"See a Doctor Now" page comes up. You will see doctors serving your location; the ones with the green Connect button are available now.



#### Start a Session

Click the Connect button for connection to the boardcertified doctor. If they are seeing another patient, you can go to an online waiting room, or select another doctor who is available.

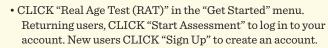
#### **ANTHEM + UNITED HEALTHCARE**

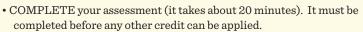
# Earn Wellness Credits to use on Healthcare Expenses - Easy as 1—2—3!



#### Take a Well-Being Assessment (WBA)

ullet GO to **BeWellSHBP.com** 





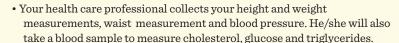


RAT= 120 well-being incentive credits - Must be completed first!

## 2

#### Get a Biometric Screening

- Download a Physician Screening Form at **BeWellSHBP.com**
- Visit your personal physician and take him/her your form to complete or visit a SHBP-sponsored biometric screening event March - Sept. or at a Quest Diagnostics Patient Service Center



 Deadline to submit (mail, fax or upload) a Physician Screening Form is November 30.

RAT + Biometric Screening = 120 well-being incentive credits



#### Take Action - 888-616-6411

• Get a Well-Being Coach - Give phone coaching a try. Sharecare's well-being coaching calls will earn 40 credits for every one (1) call in a calendar month. Calls are 10-15 minutes and can be earned up to 6 times per plan year.



• Online Challenges - 21 of 30 days. 7,000 Step Challenge (Jan, Apr, Jul, Oct); Stress Challenge (Feb, May, Aug, Nov); Green Day (Mar, Jun, Sep, Dec).

RAT + combo of the above = 240 well-being incentive credits

Kaiser – Activities are completed through Kasier. A \$500 gift card is rewarded instead of wellness credits.

UHC – Complete all 3 well-being activities and earn an additional 240 credits.

### Wellbeing Incentive Credits

Earned well-being incentive points are not automatically sent to Anthem or UnitedHealthcare. They remain in the Sharecare Redemption Center until you and your covered spouse each choose to redeem them. Go to <a href="BeWellSHBP.com">BeWellSHBP.com</a> and make a selection on how each of you choose to redeem your individually earned points through the Sharecare Redemption Center. You and your covered spouse do not have to redeem the wellbeing incentive points you each earned for the same reward.

#### Must Choose:

- \$150 Visa Reward Card to use anywhere Visa is accepted (when redeeming all 480 wellbeing incentive points earned) or;
- 480 well-being incentive credits (to apply toward eligible medical and pharmacy expenses). The well-being incentive points you earn can be redeemed for well-being incentive credits in increments of 120.

#### QUESTIONS? 888-616-6411

### Enrolling in your State Health Benefits Plan

Before enrolling, you must reset your ADP Password. Remember to write down your User ID and Password.

#### RETURNING EMPLOYEES

Log into the SHBP site **mySHBPga.adp.com** with your User ID and Password.

#### If You Forgot Your User ID:

- 1. Click on Forgot User ID
- 2. Identify yourself as on your profile set up
  - First name
  - Last name
  - Email or mobile phone used with your record
- 3. Select "NEXT"
- 4. Your User ID will be displayed on the screen

#### If You Forgot Your Password or to Reset Your Password:

- 1. Click on Forgot Your Password
- 2. Identify yourself as on your profile set up
  - First Name Last Name
  - Email or mobile phone used with your record
- 3. Select "NEXT"

A security code will be sent to the device you have selected. You have 15 minutes to input the code.

- 6. Reset password
- 7. Confirmation of password change
- 8. Log in using your new password
- 9. Update any necessary contact information

### NEW EMPLOYEES

The first time you access the site, you will be required to create a User Name and Password. Use this log-in information any time you visit the site for quick and easy access.

 $\bigcirc SHBF$ 

MAKING CHOICES

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#### Go to the SHBP site: myshbpga.adp.com

- 1. Click "Register Here"
- 2. Enter the SHBP Registration Code: SHBP-GA
- 3. Follow the steps to create your User Name and Password.
- 4. Set up your password hints and security questions/responses
- 5. Provide your e-mail address where you will receive important benefits information.
- 6. Enter your Activation Code from your registration email or mobile phone number.
- 7. Review and Submit to complete the Registration
- 8. Use your newly created User Name and Password to log in
- 9. Proceed with Open Enrollment selections

#### QUESTIONS? NEED HELP?

#### If you have questions about:

- Enrolling in health benefits
- Declaring a Qualifying Event
- Reviewing current health plan election
- Reviewing Covered Dependents

#### If you need help with:

- Resetting your SHBP Enrollment Portal Password
- Dependent Verification
- COBRA

#### VISIT THE ONLINE SHBP ENROLLMENT PORTAL

mySHBPga.adp.com - 24 hours a day/7 days a week

OR BY PHONE: Member Services (800) 610-1863

Regular Hours: Mon – Fri, 8:30AM – 5PM, Sat 8AM-5PM - EST

During Open Enrollment: Mon - Fri, 8:30AM - 7:30PM, Sat 8AM - 5PM - EST

#### CALL SHBP MEMBER SERVICES BY PHONE

(800) 610-1863

Regular hours: Mon - Fri, 8:30AM - 5PM, Sat 8AM - 5PM - EST

During Open enrollment: Mon - Fri, 8:30AM - 7:30PM, Sat 8AM - 5PM - EST

(Listen to the prompts, and then choose your option)

#### If you have questions about:

- Decision Guides
- Plan Documents & Summary Plan Descriptions
- Rates & Member Information

#### CONTACT STATE HEALTH BENEFIT PLAN

Online: shbp.georgia.gov

